

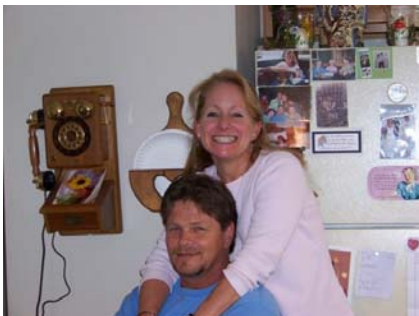
- [Home](#)
- [About](#)
- [Pre-Event](#)
- [For Dancers](#)
- [Get Involved](#)
- [Sponsorship](#)
- [Team Champions](#)
- [Sign Up](#)
- [Dancer Login](#)
- [Meet Exec](#)



Meet your Team Champion

For the first time in Wake 'N Shake history we will be including a new member to each team! The Team Champion is an individual who has fought or is currently fighting cancer and represents your team! Their inspiring stories and strong will in fighting this disease remind us all of why we pledge to stand on our feet for 12 hours.

Susan Hines--Team Ms. Scarlet



Susan is 53 years old and lives in Raleigh, North Carolina with her husband Tony and works as a software tester for Cotton Incorporated, in Cary, NC. She has two sons and a step-daughter Reece, 28, Charlie, 26 and Tina, 33 and three grandkids! Susan also has three cats, Bandit, Scooter and Jackson along with two dogs, Linx and Lillie. She was first diagnosed with Melanoma five years ago and has no evidence of the disease since 2006!! She was treated at the Wake Forest University Baptist Medical Center and says "WFUBMC is just a special place, with great people. Dr. Stewart removed all the melanoma and it's been nice enough not to come back yet!"

Pam Mueller--Team Mrs. White



Pam is 48 years old and lives in Clemmons, North Carolina with her husband Steve and her two sons Stephen, 16 and Brandon, 14. She works as a third grade teacher at Clemmons Elementary School. She was diagnosed at age 43 with Inflammatory Breast Cancer when she found a lump in her breast. She was treated at Forsyth Hospital for 6 and a half months of chemo, followed by a double mastectomy, followed by 6 and a half weeks of daily radiation. Pam has been cancer free for 4 years and 5 months and her prognosis only gets better with each passing year. The Wake Forest University Baptist Medical Center has impacted Pam "by the research they are doing and their dedication to putting an end to breast cancer. I love the fact that they are strong supporters of our local chapter of Susan G. Komen."

Emily Drew Mash--Team Mrs. Peacock



Emily is 25 years old and lives in Advance, North Carolina and works as an exhibiting artist and owner of Mash Elite Performance, a strength and conditioning/personal training company. She was diagnosed with Choriocarcinoma 2 years ago and is now in remission returning only to the hospital for routine checkups. Emily's life has been greatly changed since she has been in remission and because she still does not know all the effects the cancer has had on her body she has committed herself to keeping herself healthy through eating and exercise. She has been certified and works as a personal trainer to help other's become healthy too. Emily was treated at the Wake Forest University Baptist Medical Center where she says "I had a wonderful oncologist whom I literally trusted with my life. She made wise choices with my treatments, and I am alive today because of her. All of the nurses at the Cancer Center were wonderful as well. I got to know them as friends, and they made the environment bearable. WFUBMC saved my life."

Win Apel--Team Mr. Green



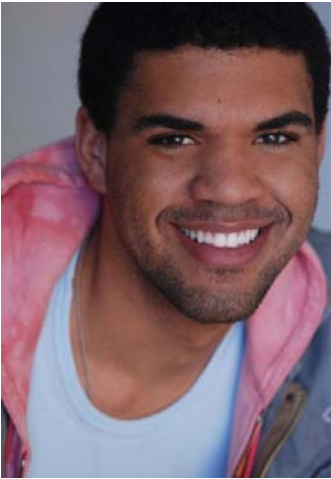
Win is 61 years old and lives in Berkeley Heights, New Jersey. He works as a SVP at the Secretary & General Counsel of Weeks Marine, a \$500 million a year marine contractor working on all American coasts, from Hawaii to Guam. He was diagnosed with Glioblastoma Multiforme grade IV, also known as brain cancer, 3 months ago. His brain surgery was held at Wake Forest Baptist Medical Center, where he was treated, on December 3rd 2010. Win is still fighting cancer and has a 50% chance of surviving the remainder of 2011 (odds that we hope we can make better!) He survived prostate cancer ten years ago and resolved to and completed a marathon, or ultra marathon in all 50 states and on all seven continents. He says of the Wake Forest University Baptist Medical Center "it was the best place I could have gone. They all have treated both my wife and me well." To learn more about Win visit his home page at www.winapel.com.

Jason Austin--Team Professor Plum



Jason is 29 years old and lives in Greensboro, North Carolina working as the Director of Operations at Fidelity Realty Co. He was diagnosed with Testicular Cancer in 2000 and was treated at Wake Forest University Baptist Medical Center which he says " showed me that there were great people working every day to combat cancer and making the lives of those who are battling it more comfortable." He has lived a full and productive life which he thanks the people of WFUBMC Cancer Center for and has been Cancer free for 10 and a half years!

Ryan Lane--Team Colonel Mustard



Ryan is 24 years old and lives in Linwood, North Carolina. He was diagnosed with Acute Myelogenous Leukemia and Acute Promyelocytic Leukemia, better known as blood and bone marrow cancer. He was treated at Wake Forest University Baptist Medical Center and has been in remission as of November 2010. Ryan says of the Medical center "They showed me that the littlest ounce of courage could help overcome anything, patience and a stronger outlook on life."



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